



Welcome

to



Incorporating Your Foot Doctor



Our Mission

To be leaders and drivers in promoting a **positive culture** around health care, prevention, screening and early intervention.

To provide a patient focused, **collaborative care model** in delivering quality health services by our practitioners and other local health professionals both in clinic and in the community.

Who are we?

Our practice began with our owner Rebecca Healey as a sole practitioner in 2003 when her children were babies. In 2014 Rebecca increased the team to another podiatrist and changed the practice name to **Your Foot Doctor**. Until 2021 we had been practicing out of a small house with two full time Podiatrist and two part time admin team members.

Since May 2021 we have added another Podiatrist, an Exercise Physiologist, a Physiotherapist and two Administrative team members. In 2021, we designed and built a purpose built clinic at The Chateau - Beckwith Park, including a dedicated rehab studio and consulting rooms to facilitate multi-disciplinary, collaborative care.

Because of this multi-D approach we re-banded to **Footprint Health!**





Our Values

We think outside the box

We search for better ways to help others
We use extraordinary thinking to solve ordinary problems
We inspire other to think outside the box

We are part of our community

We are friendly and fun. We make people smile
We make things personal by helping you feel part of the family
We work closely with other members of our community's health team

We are prepared to give it a go

We always ask what we can do next
We are passionate about growth and learning
We inspire others to become better
We take time to reflect

We are leaders and drivers

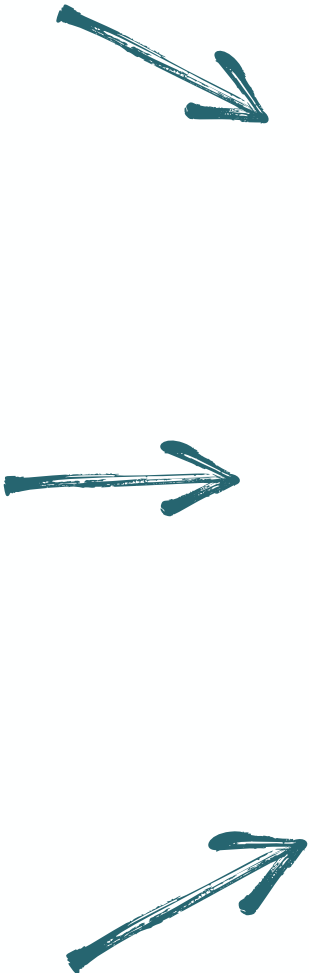
We always have our clients goals and values at heart
We treat the person, not just the symptoms and
We empower our clients to be strong and confident in their bodies and it's abilities

When you work for us

**WE BELIEVE
PEOPLE COME
FIRST!**

**WE INVEST IN YOU,
YOUR CAREER AND
YOUR OVERALL
WELLBEING**

**WE ARE A TEAM
AND OUR CULTURE
IS IMPORTANT**



**OUR TEAM IS A
FAMILY AND WE
LOOK AFTER EACH
OTHER**



Team Culture Days



**One on one
mentoring In House
CPD**



**Mentoring specific
to your profession!**

WHEN YOU JOIN THE FOOTPRINT HEALTH TEAM

You are joining a group of people who are passionate about providing the very best health care to our clients. We are dedicated to helping our clients every step of the way on their health journey.

We are leaders in our health space and our aim is to provide exceptional experiences for our clients.



We
Create
Raving
Fans

What Our Team Loves About Your Foot Doctor



Nick - Podiatrist

- I love living in the Barossa, seeing a wide range of patient presentations (general, biomechanical, paediatric etc)
- Your Foot Doctor is a respected health clinic in the Barossa that services a significant client base.

Madeleine - Podiatrist

- I love providing so many different services - NVA, biomechanics, dermatology in one appointment!
- Your Foot Doctor is a supportive, welcoming, festive team environment. Definitely worth the drive!!!

Sarah - Administration

- We treat the person, not the symptoms is good because its our point of difference, and sets us apart from other practitioners in the area. It creates trust with both our patients and other allied health practitioners.

What Our Team Loves About Your Foot Doctor

A graphic illustration of three stylized human figures in purple silhouette, standing with their arms raised in a celebratory or joyful pose. The figures are positioned behind the main title and to the left of the individual testimonials.

Melissa - Administration

- I love the friendships between team members and the support from everyone.
- "We are prepared to give it a go" I love how we are willing to try as many options as possible to help our customers both through treatment and even from footwear and general queries. Going the extra mile to help our clients.

Carla - Exercise Physiologist

- The friendly colleagues and fresh, hard working and team oriented environment.
- Its a great community oriented clinic where you build relationships with team mates and clients .

Rachel - Podiatrist

- Patients love the facilities and that they are able to see the same practitioner each time they come.
- Its a great experience to meet locals. You get to see clinical presentations that you would likely not see if working in the metro area.

Stacey - Administration

- I really enjoy the family team environment we have here at YFD, the connections we make with our clients its such a warm friendly place. Time goes so fast during the day because its a fast paced clinic with lots of things to. I also really love having the hour lunch break, to break up the day. have a chat and get to know my team mates and work out together

Mentoring and Professional Development

1:1 Mentoring Sessions

Weekly 1:1 Mentoring Sessions help you grow and develop in every aspect of your clinical practice

1:1 Profession specific mentoring

Regular access to high quality mentors specific to your profession

Practitioner Meetings

Group setting, multi-disciplinary learning including case studies to learn a variety of approaches to assessment and treatment

Team Meetings

Working together to learn new ways of delivering exceptional health care.

CPD Allowance

Financial help to access external CPD courses
We also ask our team to present on any external courses to the team so every one upskills!

Team Culture Days

We spend the day learning new ways to provide better care for our clients and spending quality time getting to know each other.

Online Courses

You have access to online courses such as iMove U, Bartold Biomechanics and P3 Exercise Therapies in Podiatric Practice

Guest Speakers

We invite guests who are experts in their field to visit and guide us in our learning.



How Valuable is our Mentoring?

"You are able to get support for any area of work that you may need." - Rachel

"Mentoring is a nice time to reflect on wins and get Bec's help for the weird and the wonderful cases." - Madeleine

"Mentoring is a really effective platform to express how we feel and to be heard. Makes us feel valued." - Sarah

Technology and Equipment

Virtual Reality

For balance training, engagement in exercise and pain management



Shockwave Machine

For non-invasive treatment of chronic injuries



Technology and Equipment

Treadmill

For gait and running assessments



3D Scanner

For orthotic prescription
with three different laboratories



Technology and Equipment

Rehabilitation Gym

We believe that exercise rehabilitation should be the cornerstone of any evidence based management provided by an allied health professional.

Equipment in our on-site clinic rehabilitation gyms include:

- A Smith Machine
- A rowing machine
- A treadmill
- Dumbbell and Kettlebell sets from 1kg to 25kgs
- Power bands for assisted movements
- Virtual Reality headset
- Balance equipment



Technology and Equipment



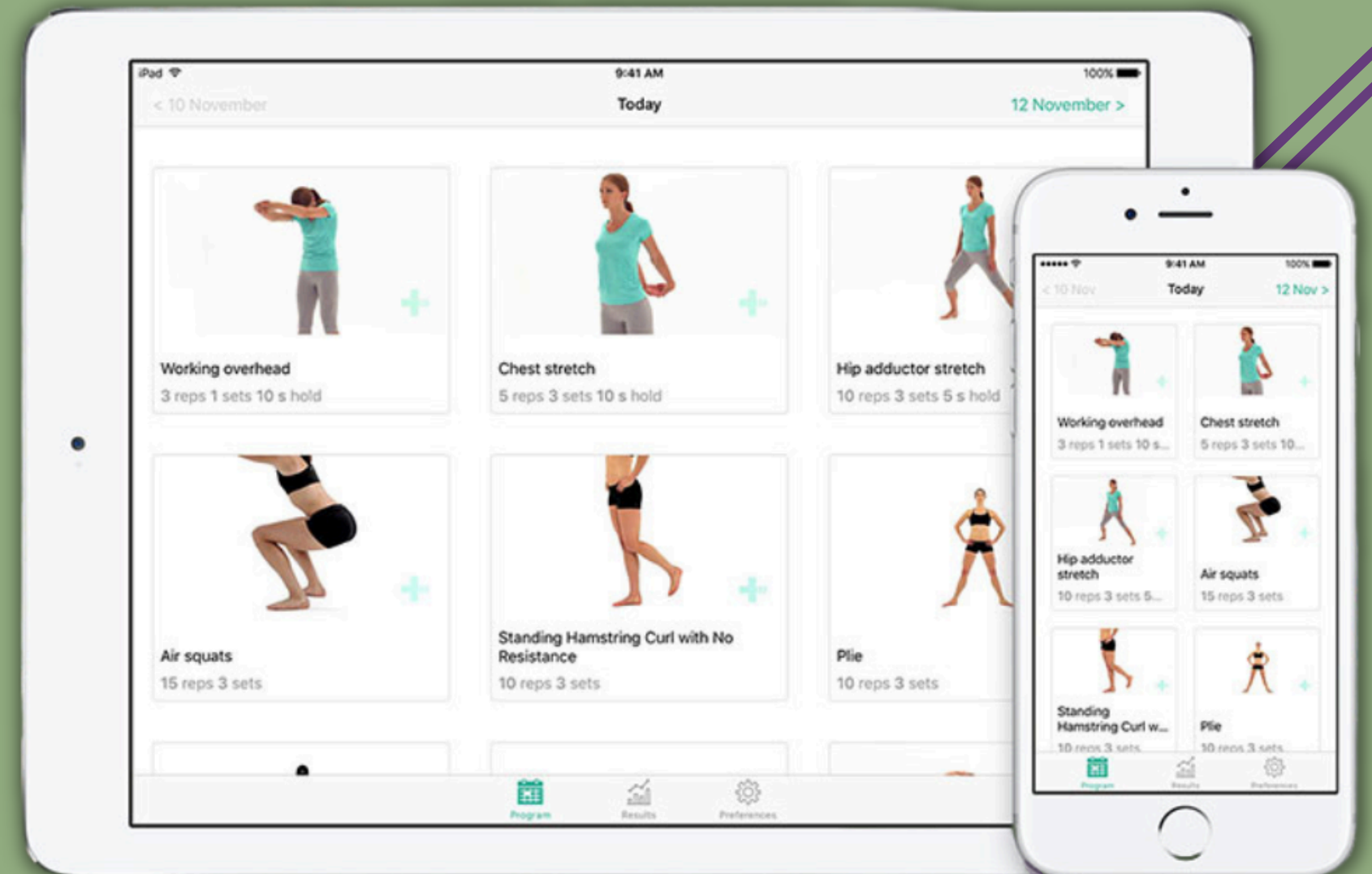
Onyfix System

For correction of nail shape



Physitrack program

To aid in exercise prescription



What you can expect from us

Honesty

We value honesty and transparency. Whether it's by constructive feedback or being open about the direction of the business and your place within it. We promise to be honest and transparent

Support

We will support you in achieving your goals. Expect us to provide individual mentoring and accountability so you can grow and improve.

Team First Approach

We believe that if we only hire the best and we look after our team, our patients will be well looked after too.

To Be Treated Like Family

When you join our team you are joining a family. We have your best interests at heart in everything we do. We value you and your contributions.

What we expect from you



Be a Team Player

We expect everyone to look out for each other.
We collaborate and care for each other.
We ask "How can I Help?" on a regular basis

Communication

Communication is the key to any good relationship.
It is vital for our team, clients and business. We ask
that you communicate clearly and respond
promptly

Be an Action Taker

We do what we say, which means that we not only
set goals but timeblock, prioritize and stay on top
of our tasks. We take responsibility for our actions
and behaviours.

Be Open and Honest

If there is anything you need, whether it's more
support or a concern or challenge, please share
with us so we can change, help or find solutions
together.

Added Bonuses



Barossa Living

Live 5 - 10 mins from your work
Live in an inclusive, supportive community
Wine, food, boutique breweries and distilleries
Be in nature. Join a sports team

Exclusive Private Gym Access

Once you have gone through our onboarding process you can access our gym for your own personal use at anytime

Access to Our Practitioners

We like to look after each other which means you can access any of our practitioners and the first consult is on us. Reviews at 50% discount. We also have great rates for your immediate family.

Footwear

Each year you can access your first pair of footwear from our range at cost plus GST.
Subsequent pairs at 30% discount
Archies at cost plus GST
And great rates for your immediate family

Additional Bonus

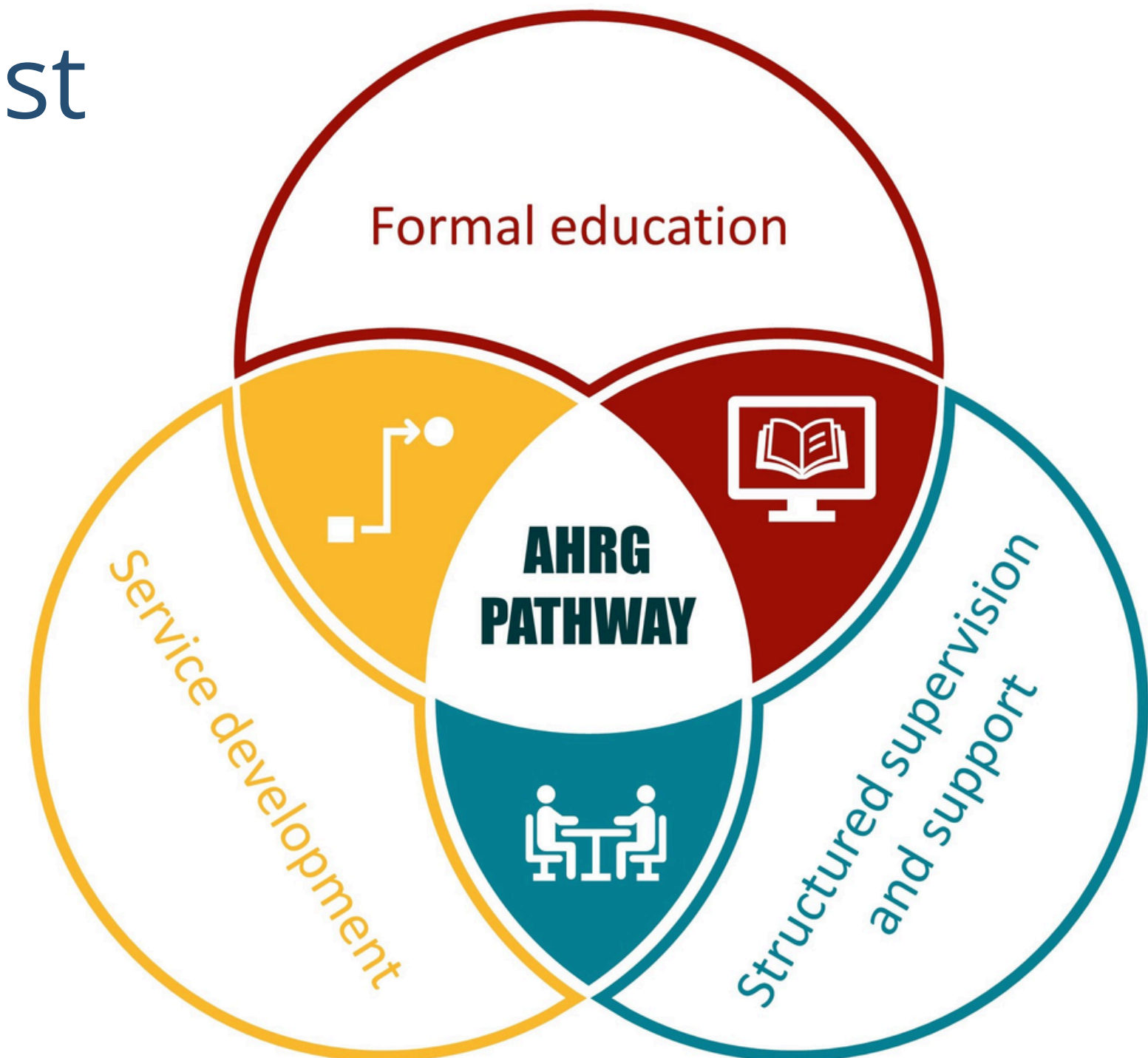


The Allied Health Rural Generalist Pathway Initiative

\$5000 relocation grant from RDWA, Access to professional development specifically for rural practitioners. The ability and support to undertake education in the Allied Health Rural Generalist Program.

Be part of a Social Prescribing Network in the Barossa Area as part of the Healthy Towns Program.

SARRAH <https://sarrah.us8.list-manage.com/track/click?u=b804cbbf4f4b80bbd09fd2ad2&id=5128afd989&e=b58f180ea8>



Our Barossa!

Up for a tree change?



Most of our team live in the Barossa, although it's an easy commute from Adelaide
What we love about living here!

- Active sports community including netball, football, soccer, hockey, tennis, cricket
- The FOOOOOOD!!!! It's a foodie's paradise up here. Check out El Estanco, Harvest Kitchen, 1918, Ferment Asian, Saltram, Musque and Hive Barossa
- Of course the wine! This is one of the world's best wine regions. You get to chat to winemakers and vignerons about how to grow grapes and make wine
- The community up here is amazing. It's a great place for singles, couples and families
- You qualify for a RDWA relocation grant of up to \$5000!!

Our team

Podiatry, Exercise Physiology, Physiotherapy

